



SOCIOLOGY UNDERGRADUATE ADVISING NEWSLETTER

Get the latest campus updates from the MSU Department of Sociology

January 30, 2023

Important Dates from the Registrar's Office

02/03/2023 End of Tuition refund period for Spring Semester-no refunds after this date.

03/01/2023 Middle of Semester. Last day to drop a course with no grade reported for most regularly scheduled courses.

03/06/2023-3/10/2023 Spring Break Week

03/13/2023 Enrollment by appointment begins for Fall Semester, 2023

05/01/2023 to 05/05/2023 Final Exams

Scholarships:

The College of Social Science has scholarships available, many are due soon, please view this web site for details: <https://socialscience.msu.edu/undergraduate/current-students/scholarships.html>

MSU Student Life & Engagement has more than 20 scholarships available for undergraduate students. The deadline for most of these scholarships is March 13, 2023. For more information and to apply, visit the MSU Student Life & Engagement scholarship page: <http://studentaffairs.msu.edu/scholarships/>

If you have any questions, please contact Lisa Vanwelsenaers at vanwelse@msu.edu

Undergraduate Research:

Undergraduate Research Mentor of the Year Award

Nominations are due Tuesday, January 31, 2023 at 11:59 PM. Undergraduate students are encouraged to nominate their mentor(s). For more on the Undergraduate Research Mentor of the Year Award, you may visit: <https://urca.msu.edu/mentor>

University Undergraduate Research and Arts Forum (UURAF)

Registration for UURAF is open until February 9, 2023. Learn more and register for UURAF at <https://urca.msu.edu/uuraf/reg>

Resources

Research Abroad Scholarship

The Associate Provost for Undergraduate Education (APUE) and the Office for Education Abroad provides financial support for undergraduate MSU students to participate in programs with an undergraduate research component. For more information visit: <https://urca.msu.edu/funding>

Peer Advising

Interested students can connect 1:1 with a peer [Undergraduate Research Ambassador](#) to learn more about engaging in undergraduate research at MSU. Students can schedule a peer advising appointment using our [bookings page](#). For more information regarding our ambassadors and peer advising, visit our [website](#).

Workshops

We have a collection of workshops that are aimed at educating interested students on research/creative scholarship, how to find positions, and prepare for UURAF For a complete list of workshops visit: <https://urca.msu.edu/events>

Spartan Experience Record

Students are encouraged to submit their undergraduate research experience using the Undergraduate Research Experience module on [My Spartan Story](#). For more information visit: <https://urca.msu.edu/document>

CUR Resources

Trimmer Travel Fund

The Council on Undergraduate Research's [Trimmer Travel Fund Award](#) will support arts and humanities undergraduate scholars in presenting their research at professional

meetings. The awardee will receive an award of \$1000 and recognition through CUR's media outlets and/or notifications through appropriate higher education publications. The [application](#) deadline is February 1, 2023.

SENS Postbaccalaureate Fellowship Program

The [SRF Postbaccalaureate Fellowship Program](#) offers recent graduates a gap year option where they can strengthen their research and communication skills in preparation for such opportunities as graduate programs, medical programs, and biotech positions. The [application](#) deadline is February 1, 2023

Additional information and opportunities can be found on the [CUR website](#).

Pre Health Events (for any interested in pre-med or similar careers):

The Pre-Health Advising Team, along with our Pre-Health Peer Advisors, is hosting a variety of informational events this spring to support pre-health students across campus.

Students can also register by visiting the [events page of our website](#).

Need Help with your Academics? See the flyer below:

Academic Success Workshops

Time Management
Academic Time Management
Prioritize Like a Pro
Get Over Procrastination

Organizing for Learning
SingleSyllabus
Calculating Grades

Orienting to Success
Achieving Academic Success with Integrity
Crushing It: Strategies for Navigating Group Work
Growth Mindset and Learning at MSU

Study Skills
High Impact Study Skills 1
High Impact Study Skills 2
The Most Effective Note-Taking Strategies
Annotate Your Way to Higher Grades
Taming Your Texts
More than Memorizing
Mathematics Success Skills
Getting Ready for Finals



Workshop descriptions, schedule, and registration at <https://nssc.msu.edu/clc>

BECOME A PEER EDUCATOR!



JOB DESCRIPTION:

- Engage your peers in conversations about the prevention of gender-based violence to promote awareness and safety throughout the MSU community.
- Develop public speaking and communication skills.
- Expand your knowledge around gender-based violence prevention and campus resources through robust training and development.
- Gain leadership skills and get connected with more involvement opportunities.
- Starting pay: **\$12/hour**

APPLY TODAY!

Scan the QR code or use the link to access the application. Reach out to Alex Babbitt at poe.alexabbitt@msu.edu with any questions.



<https://tinyurl.com/POEPeerEd>

"EMPOWERING COMMUNITY COMMITMENT TO PREVENT GENDER-BASED VIOLENCE THROUGH EDUCATION, OUTREACH, AND SOCIAL CHANGE."





Career Services Network
MICHIGAN STATE UNIVERSITY



WORKSHOP INFO
& REGISTRATION

CAREER WORKSHOPS

SPRING 2023

MOST POPULAR

NAVIGATING CAREER FAIRS

HOSTED ON ZOOM ([register on Handshake](#))

WED, JAN 25 3:30 – 4:00 PM (ET)
THU, FEB 9 4:00 – 4:30 PM (ET)
TUE, FEB 21 11:00 – 11:30 AM (ET)

Improve your chances of landing job interviews by understanding what employers and recruiters are looking for at both in-person and virtual career fairs.

WRITING A RESUME / COVER LETTER

HOSTED ON ZOOM ([register on Handshake](#))

FRI, JAN 27 11:00 AM – 12:00 PM (ET)
TUE, FEB 7 3:00 – 4:00 PM (ET)
MON, MAR 13 5:00 – 6:00 PM (ET)
FRI, APR 21 11:00 AM – 12:00 PM (ET)

Writing professional documents can be challenging. Let us help you share your unique story by writing and formatting effective resumes and cover letters.

WRITING A FEDERAL RESUME

HOSTED ON ZOOM ([register on Handshake](#))

TUE, FEB 7 11:00 – 11:45 AM (ET)

Learn how to write a resume to land a job with the Federal government.

FOR INTERNATIONAL STUDENTS

CAREER FAIR PREP – Int'l Students

INTERNATIONAL CENTER, SPARTAN ROOMS B,C

FRI, JAN 20 4:00 – 6:00 PM (ET)

Prepare for the Diversity Career Fair on February 1; identify employers that hire international students; practice your personal introduction to recruiters, and much more! Free Starbucks Coffee!

OPTIONAL PRACTICAL TRAINING: Eligibility and Application

HOSTED ON ZOOM ([register on Handshake](#))

FRI, JAN 27 10:00 – 11:00 AM (ET)

International students completing their program of study in Spring '23 are encouraged to attend to learn more about OPT eligibility and application process.

FINDING A SPRING JOB/ INTERNSHIP

113 STUDENT SERVICES BUILDING

(across from Broad Art Museum)

THU, JAN 12 11:00 AM – 12:00 PM (ET)

Learn how to quickly and easily source campus jobs and internships that align to your interests.

SUCCESSFUL INTERVIEWING

HOSTED ON ZOOM ([register on Handshake](#))

WED, JAN 25 2:30 – 3:15 PM (ET)
THU, APR 13 11:30 AM – 12:15 PM (ET)

Gain tips for mastering job interviews and learn how to prepare for your virtual or in-person interviews.

PLANNING FOR GRAD SCHOOL

HOSTED ON ZOOM ([register on Handshake](#))

TUE, JAN 24 11:30 AM – 12:00 PM (ET)

Discover an easy-to-implement timeline and resources to support your decision about grad/professional study.

NEGOTIATING JOB OFFERS

HOSTED ON ZOOM ([register on Handshake](#))

MON, FEB 6 11:30 AM – 12:15 PM (ET)
TUE, APR 11 3:00 PM – 3:45 PM (ET)

Get the best job offer possible by learning tips and strategies for effectively negotiating salary, sign-on bonus, start date, and more.

JOB SEARCH STRATEGIES

HOSTED ON ZOOM ([register on Handshake](#))

WED, FEB 8 12:00 – 12:30 PM (ET)
WED, APR 5 12:00 – 12:30 PM (ET)

Learn practical strategies for finding full-time employment opportunities and summer jobs and internships.

FINDING A SUMMER JOB / INTERNSHIP

HOSTED ON ZOOM ([register on Handshake](#))

FRI, MAR 24 1:00 PM – 1:30 PM (ET)

Learn how to quickly and easily source campus jobs and internships that align to your interests.

For a list of Career Events: <https://careernetwork.msu.edu/events/?ctag%5B%5D=career-fairs>

MSU In-Person Diversity, Equity, and Inclusion Career Fair and Symposium

Wednesday, February 1, 2023

3:30pm - 8pm

Breslin Center: 534 Birch Road East Lansing, Michigan 48824, United States

MSU In-Person Diversity, Equity, and Inclusion Career Fair and Symposium



[MSU College Advising Corps \(MSUCAC\)](#) places recent and soon-to-be MSU graduates in high schools throughout the state of Michigan to serve as near-peer college Advisers who assist underrepresented high school students and their families with the transition to post-secondary education, including four-year or two-year institutions and trade or technical schools. Many MSUCAC Advisers choose our program as a Gap Year option, or what we like to call your **Launch Year**. By joining the highest paid AmeriCorps program, you can receive advanced training, an education award, and network with professionals statewide and nationally.

Our 2023-2024 application is officially open! Apply by February 5th for a priority interview

Who's eligible? MSU students from all majors graduating between May - August 2023 and MSU Alumni from December 2020 – December 2022

Where? Greater Lansing, Metro Detroit, Flint, West Michigan, and Northern Michigan

Why? Make a difference, launch your career, and earn funds for graduate school! Earn a \$6,000+ education award, a \$30,000 living stipend, and full health, dental, vision, and member assistance benefits

Are you ready? Read the full position description and apply now on [Handshake](#) (Posting #7401458)

Please also [visit our Linktree](#) for information about upcoming recruitment events and other updates.

We hope to meet you soon,

The MSUCAC Leadership Team

msucac@msu.edu | [Michigan State University College Advising Corps](#)

Homecoming Court applications due Feb. 7:

The MSU Homecoming Court Application is open and the deadline to apply is 5:00pm February 7, 2023. I am sharing this on behalf of the MSU Homecoming Committee and hoping you can assist us in recruiting a diverse, talented, and dynamic '23-'24 Homecoming Court. This message has been emailed twice to all students at junior level, but the deadline is quickly approaching and a reminder is always helpful! As the former court advisor, I can attest to the caliber of student leaders (successful in their curricular and co-curricular activities, as well as a love for MSU). Additionally, it is a wonderful networking opportunity for the court members, and it is a lot of fun and prestigious in representing MSU students. I have found that many students don't think they fit the "mold" or that they are deserving of awards and recognition. A personal email or note (or a letter of recommendation) can go a far way in helping students see themselves the way that we see them.

Find more information at <https://alumni.msu.edu/homecoming/court.cfm>

If you have questions or concerns about the application or selection process, please contact Aimee Klevorn at klevorna@msu.edu.

Being selected to represent Michigan State University on the Homecoming Court is considered one of the highest honors for MSU seniors. 10-12 students will be selected to the Homecoming Court based on their ability to exemplify the qualities of leadership, spirit, integrity and achievement through their contributions and involvement at MSU.

Homecoming Court members must meet the following requirements:

- Must be an MSU undergraduate student with current junior status who has earned at least 90 credits by Sept. 1, 2023.
- Must have and maintain a minimum cumulative GPA of 2.5.
- Must be graduating Dec. 2023 or later.
- Must be in and maintain good academic and disciplinary standing.
- Must have a letter of support from a member of the MSU community.

To apply, complete the online application and upload the following documents:

- A copy of your resume.
- A letter of support from a member of the MSU community.
- Your written response to three questions indicated in the application packet.
- A signed background authorization form.



Chill. Connect. Community.



OCAT FRIDAYS

*Student Services Building; Rm 339
12pm to 3pm*

January

20, 27

February

3, 10, 17, 24

March

17, 24, 31

April

7, 14, 21, 28



MSU OCAT

Office of Cultural & Academic Transitions



SUCCESS SERIES

ON DEMAND

MOTIVATION, EDUCATION. ACTION



WITH
SPECIAL
GUESTS



JOIN DR. ERIC THOMAS ON ZOOM

MONDAYS

ZOOM: 963 8102 2338

PASSCODE: OCAT

7PM - 8PM

JAN 23	FEB 6	MAR 13	APR 3
JAN 30	FEB 13	MAR 20	APR 10
	FEB 27	MAR 27	APR 17

ÁNIMO: LATINX SERIES

UPCOMING EVENTS

SPRING 2023!



Jan

23

Latinx Welcome Back Kick-Off

Happy new year! Join us as we gather to kick-off the spring semester Ánimo Series. Explore your purpose, eat, good food, and make connections.

Feb

27

Level Up!

Assess your current competitiveness for life after college and identify high-impact experiences that will take you from average to extraordinary. We will explore steps to becoming a well-rounded scholar.

March

27

Imposter Syndrome

Navigating higher education is a struggle but it doesn't always have to be. Take a study break, enjoy our food, & find out what may help you achieve your goals!

April

10

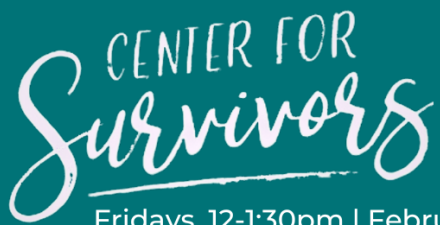
Decolonizing Mental Health

Sometimes "Ponte las pilas" isn't enough. Come learn tips that might help YOU in your mental health journey!

Location: Erickson Kiva

Time: 6-7 PM

FREE FOOD



Spring Groups

All Too Well

Fridays, 12-1:30pm | February 3- February 24 | Center for Survivors office
This expressive arts group will explore ways in which songs by Taylor Swift have supported survivors' lived experiences. Contact Megan at spedosk6@msu.edu

Art of Healing Workshops

Tuesdays, 2-3:30pm | February 7- March 28 | Center for Survivors office
Art workshops offering a space for healing and self-expression through art. Open to MSU student survivors. Contact Christie at schicht3@msu.edu.

Atlas of the Heart- Watch & Connect

Wednesdays, 10am-12pm | February 8- March 29 | Center for Survivors
Do you have trouble explaining your emotions? You're not alone! Join us to watch and discuss Brene Brown's Atlas of the Heart mini-series to better understand, communicate about, and connect around shared human emotions. Open to MSU student survivors and co-survivors. Register by 1/31 to receive a free copy of the Atlas of the Heart book: Stephanie at stan1143@msu.edu.

Community Connect

Wednesdays, 12-1pm | Zoom

Drop-in support group focused on building community and fostering connections among fellow survivors. Open to all survivors. Contact Cierra at stubbsci@msu.edu.

Dance

Date & time TBD | Weekly rehearsals January 23-April 3 | Location TBD
Healing can come in many forms, including movement. Join our workshop to learn a dance with an opportunity to perform live and in-person. No dance experience is required. Register by 1/13. Contact Sue at nguye562@msu.edu.

Dissociation Skills Group

Wednesdays, 2:30-4:00pm | Starting January 19 | Center for Survivors office
If you dissociate you might feel disconnected from yourself, others and the world. Experiences of dissociation vary widely and are a common, natural response to trauma. Learn new ways of understanding and coping with dissociation. Contact Amanda at taylo642@msu.edu

Ear Acupuncture

Wednesdays, 2pm | 2/8, 3/8, 4/12 | Center for Survivors office
Ear acupuncture involves placing needles into specific points around the ear. These points correspond with specific organs, emotions, and sensory feelings. Open to all student survivors. RSVP to Ikram at adaweikr@msu.edu.

Sign up for Spring
Groups Here



STUDENT-ATHLETE SUPPORT SERVICES WANTS YOU!

BENEFITS:

- PAID part-time position
- Flexible hours
- Choose your availability
- Eligible to tutor any class you received a 3.5 or higher in
- All majors welcome
- Great experience!

REQUIRMENTS:

- Must be at least a second-year
- Cumulative GPA of 3.0+
- Minimum 6 hours a week, with at 2 nights (6:30-9:30pm) Monday-Thursday

WE'RE HIRING MULTIPLE UNDERGRADUATE TUTOR POSITIONS

Scan to apply!



Questions?

Please contact Tutorial Coordinator,
Meredith Norris
tutor@sass.msu.edu

S | A | S | S

STUDENT ATHLETE
SUPPORT SERVICES